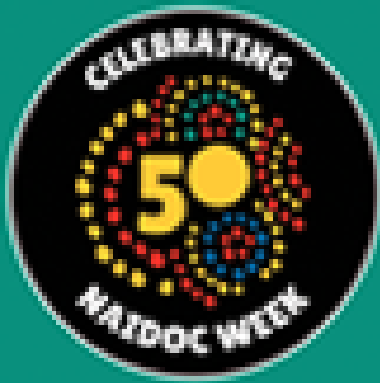




Neighbourhood News July 2026



**NAIDOC
WEEK**
**50 YEARS
DEADLY**
5-12 JULY 2026

Our vision is to be widely-recognised as an organisation dedicated to promoting, supporting and enhancing community, family and individual well-being.

Our mission and objectives are to provide a welcoming, safe and inclusive environment open to the community irrespective of race, religion, gender, politics or marital status, and to establish a community service for the relief of poverty, distress, sickness and helplessness.

Acknowledgement of Country

In the spirit of reconciliation, Marlin Coast Neighbourhood Centre acknowledges the Yirrganydji people, the Traditional Custodians of Djabugay country that runs northwards from Trinity Inlet to Port Douglas. We pay our respects to their Elders past, present and emerging, and honour those whose culture and customs have nurtured and continue to nurture this land.



The Marlin Coast Neighbourhood Centre
205 Reed Road Trinity Park
P: 4055 6440
PO Box 260 Smithfield Q LD 4878
E: admin@mcnc.org.au
www.mcnc.org.au

MONDAY

Armchair Yoga: Gentle exercise \$10 pp
9.30 - 10.30am and 11am - 12 noon.

Cairns Early Years Centre: Move Baby Move 1 - 2pm
Free; bookings essential Ph: 4034 6800

Trinity of Style Dance Studio: 4.30pm - 5.30pm
Ph: Mayumi 0432 820 579

Al-Anon: 6pm - 7pm. Ph 0487 192 938

TUESDAY

Line Dancing: Fun for everybody! 9.15am - 10.30am
Members \$3 Non-Members \$5

Tuesday Club: Guest speakers, activities and lunch.
Members \$10 Non-Members \$12

WEDNESDAY

Playtime: For families with children under school
age, 9am - 11.30 am. Free. Bring a piece of fruit to
share.

Mosaics: Putting Pieces in Place.
12.30 - 3.30pm. Members \$3 Non-Members \$5

THURSDAY

Fitness for Seniors: 9.45am - 10.45am \$10 pp

Community Garden: Enjoy working in the edible,
organic garden. Volunteers welcome! From 8.30am.

Book Club: 1st Thursday of the month.
From 11am. Members \$3 Non-Members \$5

Canasta: 1pm - 4 pm Members \$3 Non-Members \$5

Toastmasters Club: 1st and 3rd Thursday of month.
7pm - 9pm. Ph: 0401 585 767

FRIDAY

Community Cuppa: - it's all about connecting.
10am - 12 noon All are welcome. Free!

SUNDAY

Trinity Baptist Church: Religious Service
9.30-12.30pm and
4.30 - 7.30pm Ph: 0407 127 204



RAFFLES & PRIZES

Meals on Wheels
Marlin Coast

TRIVIA NIGHT

MONDAY
13th
JULY

TIME: 6:00 PM

DOORS OPEN 6:00pm with a 6:30pm start
\$15 per person includes 3 raffle tickets, all proceeds go to Marlin Coast Meals on Wheels

HELD AT THE TRINITY BEACH SPORTS CLUB - 1 NAUTILUS STREET, TRINITY BEACH

FOR ALL ENQUIRIES AND BOOKINGS PLEASE CALL WENDY ON 0409392586

Membership

*It's that time of year when
Membership is due...*



For just \$10 a year, membership of the Neighbourhood Centre offers you

- The opportunity to connect with other people and make new friends;
- Laughter and fun times;
- The chance to be involved in Centre activities and learn new skills;
- Up-to-date information and interesting newsletters;
- The right to give input into who is responsible for overseeing the operations of the Association through the election of a Management Committee.

Council on the Ageing Queensland



Do you need support to understand Aged Care?

Council on the Ageing will be visiting:

Marlin Coast Neighbourhood Centre

Tuesday 14 July 2026

9.00 am to 12.00 pm

To book your appointment please call
Marlin Coast Neighbourhood Centre on 07 4055 6

This program is no cost to seniors and is independent of any service provided

Available for older people in the Cairns Local Government Area. This care finder service is supported by funding from the Northern Queensland Primary Health Network (NQPHN) through the Australian Government's PHN Program.

Beryl's Banter

Greetings All - Queensland Day Celebrations were different! We had a thong throwing competition – what a hoot. Much laughter and 95% of us are absolutely poor throwers. Geoff was the winner by miles, until Philippa had a second throw and just about got to the shed – it was a pearler. More surprises awaited at lunch as dessert was grilled banana and pineapple with ice cream and cake – which they forgot to serve, so it was an afters. One of the best BBQ days we have had.

It was nice to have Gail back calling the Bingo last week and telling some of her great stories or poems. I especially liked the Smile one which I used to quote often in my yoga classes. This week sees the Birthday Girls celebrating – so Happy Birthday and also Happy New Financial Year.

Till next time Cheers from Beryl B.



Tuesday Luncheon Group

Line Dancing starts at 9.30am, and finishes at 10.30am.

The Lunch Group commences at 10.00am for a cuppa and chat.


Guest Speakers commence at 11.00am

Lunch is served at 12.00 noon

Members \$10 Non-Members \$12

Tuesday Group Luncheon upcoming events:

- July 7 NAIDOC Celebrations and Weaving with Suella
- July 14 Bastille Day
- July 21 Christmas in July
- July 28 Movie Day & Birthdays

| July 7 | July 14 | July 21 | July 28 | |
|--|--|--|--|--|
|  BBQ  NAIDOC Celebrations Weaving with Suella | Bastille Day  |  Christmas in July | Birthdays  Movie - "The Best Exotic Marigold Hotel"  | |
| August 4 | August 11 | August 18 | August 25 | August 25 cont. |
|  BBQ Life of an International Flight Attendant from beginning to end - James Lumb  |  Art Therapy with Sarah Ayache | Market Day "Your trash is someone else's treasure!" Bring along those unused & unwanted items to swap  |  Guide Dogs with Bernardine McKean | Birthdays  Pat.B – 3rd Janice – 6th Elsa – 7th Judy H – 14th Ishbel - 15th Vee – 16th Dee – 18th Laurie – 19th Di – 25th Liz – 26th Robyn – 27th |

QiGong - Tai Chi

Marlin Coast Neighbourhood Centre
205 Reed Road, Trinity Park

Call 4055 6440
to express your interest



Are you interested in attending an intergrated QiGong - Tai Chi class at MCNC. EITHER FRIDAY 7AM OR SATURDAY 11AM

Contact us with your preference

Remembering Brian Campbell 30 Jan 1941 - 11 Mar 2026

Born in Brisbane, and a member of MCNC for many years, Brian carried the energetic spirit of Queensland into a distinguished career as an architect. His professional legacy is visible in Cairns, where he played a pivotal role in shaping both the functional and spiritual landscape of the city. From the complex infrastructure of a major shopping centre to the serene beauty of St Monica's Cathedral, his work helped define the region's modern identity.

Our deepest condolences go out to Sonja and the Campbell family.



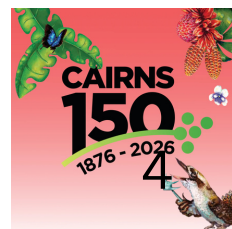
Cairns is 150 years young!

This beautiful city of ours is celebrating 150 years - yes Cairns is officially a city - it was formally granted city status by the Queensland Government in 1923.

Do you have any stories, photos, articles etc., particularly from the Cairns North Side - we would love a copy to share with our community. Please give your items of interest to Philippa at the Centre or email - seniors@mcnc.org.au

Further information - 4055 6440

In recognising 150 years since the establishment of the colonial township of Cairns, we acknowledge the Gimuy Walubara Yidinji, Buluwai, Djabugay and Yirrganydji peoples as the traditional custodians, and that their histories extend far beyond 1876.



CONNECTIONS

A space to make, hang and be.

This is what happened in our *Connections* Youth Engagement Group here at the Centre in June!



Our after school program is a drop-in space for teens aged 13 - 17 years old; this is an opportunity to make some connections and break the routine of heading home and maybe being bored! Connections is on at the Centre **Tuesdays from 2.30pm to 5.30pm.** During the school terms



Get help with your aged care options

Whether you're looking for help at home or thinking about aged care, we can help.

Our Aged Care Specialist Officers can give you in-depth information about your aged care options.

Come and meet Debbie, your local Aged Care Specialist Officer from the Cairns Service Centre to answer your questions.

At Earlville Library - Information Stall, Wednesday

- * 15th July 2026, 9 - 10am
- * 19th August 2026, 9 - 10am
- * 16th September 2026, 9 - 10am
- * 21st October 2026, 9 - 10am
- * 18th November 2026, 9 - 10am

Assisted by: Services Australia Financial Information Service

To book an appointment with an Aged Care Specialist Officer:

- call 1800 227 475
- ask at your local Services Australia service centre.



servicesaustralia.gov.au

MOSAICS

putting pieces in place

Marlin Coast
Neighbourhood Centre
Wednesdays: 12.30 to 3.30pm

members \$3 /non members \$5

4055 6440
admin@mcnc.org.au

EVERYONE WELCOME



What's the difference between a poorly dressed man on a unicycle and a well-dressed man on a bicycle? Attire.





Marlin Coast Neighbourhood Centre

Outreach Services

Do you know about our onsite outreach services?

Services Australia (Centrelink Support)

Services Australia staff visit once a month to help people navigate, access, and manage Centrelink and Medicare services. They can assist with educating about the agency's payments and services, provide an understanding of letters and decisions, connect and guide with online services via MyGOV and answer questions about entitlements.

Financial Counselling & NILS (No Interest Loan Scheme)

SHAC - Shelter Housing Action Cairns provides free, confidential **financial counselling** to help people manage money worries and improve their financial wellbeing. Financial Counsellors can assist with budgeting, debt issues, bills, fines, credit problems, and negotiation with creditors. Their service is independent, non-judgemental, and focused on supporting you to understand your options. Financial counselling is available to anyone experiencing financial difficulty.

SHAC - Shelter Housing Action Cairns also offers NILS (**No Interest Loan Scheme**) applications. NILS loans are small, safe loans with no interest, no fees, and no charges, designed to help people on low incomes pay for essential items such as household appliances, medical costs, education expenses, or car repairs. Who is eligible? NILS is generally available to people on a low income, including those receiving Centrelink payments or earning below a set income threshold, who can show an ability to repay the loan.

ICAN - Indigenous Consumer Assistance Network helps people understand their consumer rights, make informed financial choices, and access fair and safe products and services. They provide free, confidential **financial counselling, consumer advocacy services and support, and financial literacy**.

AT MARLIN COAST NEIGHBOURHOOD CENTRE:

Services Australia

Monday

13 July 2026

11.30am - 1.30pm

0459 914 180

ICAN

Thursday

9 July 2026

9am - 12 noon

1800 369 878

SHAC

Friday

31 July 2026

9am - 12 noon

4080 7400



2026 Census

Tuesday 11 August 2026

The 2026 Census of Population and Housing will be held on 11 August 2026 and will provide an opportunity for Australians to tell us about themselves and help make a difference for their community. The Census is the largest statistical collection undertaken by the Australian Bureau of Statistics (ABS), providing rich and valuable insights into the lives of Australians.

Census data supports decision-making across government, business, and community sectors. It informs the allocation of billions of dollars in Commonwealth funding, guides infrastructure planning, and helps determine electoral boundaries. From schools and hospitals to roads and aged care facilities, Census data underpins the services Australians rely on every day.

The Census collects information on demographic characteristics such as age and sex, types of housing, and on other topics such as education, participation in the labour force, occupations and industries, marital status, and family size. The range of topics enables analysis across multiple dimensions, offering a unique and comprehensive view of Australian society. While some of the topics are covered by other data sources, only the Census provides consistent, standardised data for the whole country, including small geographic areas and population groups.

The 2026 Census will continue to provide great value to the Australian community, enhanced by updates to several questions, the addition of one new topic, and improved data products for users.

Following a comprehensive review, the Census will now include new questions on sexual orientation and gender for individuals aged 16 years and over. These additions will provide valuable data to complement existing Census information and support more inclusive policy development and service delivery for Australians.

For more information - <https://info.census.abs.gov.au/about/doing-census>

Free tax help at MCNC

**Do you earn \$70k or less and
need a hand with your tax return?**

Marlin Coast Neighbourhood Centre (MCNC) is again partnering with the Australian Taxation Office (ATO) to offer Tax Help appointments with an ATO-trained volunteer.

Appointments are free and confidential

Available July–October
To book, contact MCNC on 4055 6440

Learn more: ato.gov.au/taxhelp





BREE JAMES MP

MEMBER FOR BARRON RIVER

This month's State Budget delivers continued investment across health, housing, infrastructure and education for Far North Queensland, with important outcomes for the Northern Beaches.

A major focus remains on improving connectivity, with continued progress on the Cairns Western Arterial Road (CWAR). This project is critical for easing congestion, improving travel times and supporting growth across our region. Alongside this, the Freshwater Pathway Connector will enhance active transport options, providing safer and more accessible links for pedestrians and cyclists.

Please don't listen to the misinformation about budgets; Cairns Western Arterial Road and the Barron River Bridge are in the 2026 Budget. As the contract has not yet been awarded, no project cost is included in QTRIP. Unlike the previous Government's approach, we do not go to market with a predetermined figure. Instead, this Government takes the project to market and invites competitive bids from industry, ensuring value for money for Queensland. Funding for the project has been allocated within the budget, and the final cost will be confirmed once a contractor has been appointed. This road will be fast-tracked for delivery and complete by the 2032 Olympics.

The Budget also includes significant investment in protecting the Great Barrier Reef and continued expansion of Cairns Hospital to meet the needs of our growing population. Local schools will benefit from ongoing maintenance and upgrades, and funding for community hall improvements across the Northern Beaches will continue to support the spaces that bring people together.

Households and small businesses will also see cost-of-living relief, including a 6.9 per cent reduction in electricity prices for Ergon customers and a 7.9 per cent decrease for small businesses, alongside programs like the Back to School Boost and \$200 Play On! Vouchers. I'm thrilled to also announce we've secured a new long-term lessee for Double Island! Plans include public access, luxury accommodation, a beach bar, and a restaurant, bringing back a true jewel of Queensland tourism. Best of all, the lessee is Morris Group, a highly regarded North Queensland owner and operator.

I also want to acknowledge the important work being undertaken to support Legacy House, and I will continue pushing for Federal funding to ensure this vital service can continue to support veterans and their families into the future.

Finally, congratulations to the Trinity Beach Tennis Club and Cairns Chess Club (Trinity Park) on securing funding through the Gambling Community Benefit Fund to purchase equipment and upgrade their facilities.

**Until next month
Ms Bree James, MP Member for Barron River
07 4229 0100
barron.river@parliament.qld.gov.au**



CARBOOT SALE & HISTORIC CAR DISPLAY



IN SUPPORT OF

MARLIN COAST MEALS ON WHEELS

Bring the whole family and grab a bargain!
Stalls, food, drinks, and fun for all!

SUNDAY 2ND AUGUST ♦ 11AM - 2PM ♦ 2 PECTON CLOSE, TRINITY BEACH

MOW FOOD STALL

Burgers
Sausage Sizzle
Tea & Coffee
Cold drinks
Cakes & Biscuits

RESERVE A CAR BOOT SPACE - \$40 PER SLOT



Bob Stranger 0402 868 080
Cathy Cairns 0408 415 297



Garden News.....

The garden is looking full and lush, although the tomatoes have been a bit slow. Some of our members just want a fresh home-grown tomato so we wait in anticipation.

We were given a larger fish pond which has now been installed and we are very pleased with the result.

We are harvesting red noodle beans, lettuce, snow peas, oranges, cucumbers and strawberries; the herbs are growing well; the corn is now up and running.

We are preparing for the fun day here at the Centre on August 1. There will be lots of indoor and outdoor plants as well as an amazing variety of trash and treasure for sale, so come along and say hi to our members.

Parsley is a wonderful culinary herb as well as a beneficial tea. It is a powerhouse of vitamin A, C and K as well as an anti-oxidant; it helps reduce bloating, aids digestion and is a mild diuretic. Drink in the mornings. ¼ cup fresh leaves in hot water - steep for 10 mins, one to two cups per day.

Happy Gardening!

marlin coast neighbourhood centre
supporting community

FOOD DONATIONS

supporting people experiencing financial hardship

We ACCEPT:

- canned food & pantry items
- personal care products
- baby care products
- pet food

ALL PRODUCTS MUST BE UNOPENED & IN DATE



Contact Us

☎ 4055 6440
✉ support@mcnc.org.au

Donations can also be made at our Centre: 205 Reed Rd, Trinity Park

SENIORS FITNESS CLASS

with Imogen

THURSDAYS 9.30AM



join the class and feel the energy

GREAT FOR:
BALANCE.
CO-ORDINATION
STRENGTH
FLEXIBILITY
MEMORY
WELL BEING
CONNECTION

MARLIN COAST NEIGHBOURHOOD CENTRE
205 Reed Road, Trinity Park
4055 6440 or



Marlin Coast Neighbourhood Centre

CONNECTIONS

A space to make, hang and be.

Are you looking for an after-school hang-out space?

Our new after school program has commenced!

Join us for an activity or just hang with your phone charging and headphones on, its up to you.

A drop-in space for teens aged 13 - 17 years old

An opportunity to make some connections and break the routine of heading home and being bored!

TUESDAYS: 2.30 - 5.30PM

Tuesday 14th July

Movie & Popcorn

Kick back, grab some popcorn, and ease into the new school term with a movie, snacks, and good company.

The perfect excuse to chill out and hang with friends.



Tuesday 21st July

Minute to Win It

Think you've got what it takes?

Take on a bunch of fast-paced challenges where skill, luck, teamwork, and quick thinking all come into play.

Bring your game face – prizes are up for grabs!

Tuesday 28th July

Beads!

Get creative and make something uniquely yours.

Design friendship bracelets, beaded phone charms, keychains, and more.

Cute, colourful, and completely custom.

Tuesday 4th August

Kitchen Chaos: Pizza Edition

Sauce, toppings, cheese, and a little bit of chaos.

Create your own pizza masterpiece, experiment with flavours, and see whose creation comes out on top.

Tuesday 11th August

Tye Dye It

Need some colour in your world? Come tye dye with us!

Bring your own item or use what we provide, the choice is yours!



At Sebel Palm Cove, guests stay in self-contained holiday apartments and, like most travellers, often leave behind unopened groceries when they check out. Rather than seeing these items go to waste, the team at Sebel has created a simple yet meaningful way to give back to the local community.



Donated food items are passed on to Marlin Coast Neighbourhood Centre, where they are included in emergency relief food parcels for individuals and families experiencing hardship. What might otherwise be discarded becomes practical support for those who need it most.

This partnership is a wonderful example of how small actions can make a big difference. By reducing waste and supporting local people, Sebel Palm Cove is helping to strengthen our community one donation at a time.



If your business has surplus goods, products, or resources that could benefit others, or your team is looking for a worthy recipient for your fundraising or sponsorship efforts, as the only support service north of Cairns we encourage you to consider having a conversation or partnering with Marlin Coast Neighbourhood Centre. Together, we can turn excess into opportunity and make a positive impact in the lives of local families and our community.

Call us on: 4055 6440

Line Dancing

TUESDAYS 9.30 - 10:30 AM

MEMBERS \$3
NON-MEMBERS \$5

4055 6440
adminemcnc.org.au




Do you have an article, something funny, a family recipe etc. you would like to share in our newsletter.

Please bring it into the Centre and give it to Philippa or email it to seniors@mcnc.org.au



Helping Queensland seniors and people with disability speak up for their rights and needs.

1800 818 338

Creative Teen Labs!
SCHOOL HOLIDAYS

Free • No bookings • Ages 12 years & up!




Free • No bookings • Ages 12 years & up!




COMIC BOOK MONTH



COSPLAY MEET-UP & DISCOVERY
 FRIDAY 10 JULY - CITY - 10AM

Calling all anime, manga, and cosplay fans—join our relaxed Cosplay Meet-Up to connect with others, showcase your cosplay, discover new favourites, and enjoy a safe, inclusive space with optional photoshoot opportunities.

TEENS

Multicultural Month

DRUMMING CIRCLE

Free • No bookings • Ages 12 years & up!




SCHOOL HOLIDAYS



CHECKMATE
 INTRO TO CHESS

MONDAY 29 JUNE
 SMITHFIELD - 10.30AM

BIKE WORKS
 LEARN BIKE MAINTENANCE

WEDNESDAY 1 JULY
 SMITHFIELD
 9.30AM & 2.30PM

CREATIVE CARTOONING
 LEARN, DRAW & ILLUSTRATE

THURSDAY 2 JULY
 STRATFORD - 10.30AM

ZANEY ZINE
 MAKE YOUR OWN LITTLE MAG

FRIDAY 3 JULY
 CITY - 10.30AM

ZENTANGLES

RELAXING, MINDFUL, PATTERN-DRAWING

TUESDAY 7 JULY
 EARLVILLE - 10.30AM

CONCRETE POETRY
 WRITE, EXPRESS, RHYME

WEDNESDAY 8 JULY
 SMITHFIELD - 10.30AM

MAKE UP & FACE ART
 LEARN TO DO YOUR MAKE-UP!

FRIDAY 10 JULY
 GORDONVALE - 10.30AM

COSPLAY MEET UP
 CALLING ALL ANIME, MANGA, & COSPLAY FANS

FRIDAY 10 JULY
 CITY - 10AM

FREE. NO BOOKINGS REQUIRED.




DRAW YOUR ALTER EGO HERO
 1 - 31 JULY - ALL LIBRARIES - OPEN HOURS

If you could be a superhero today, who would you be? Design your own alter ego and add it to our growing wall of heroes in the library. Choose your powers like super strength, invisibility, or something totally unique. Drop in anytime and get creative!

IF YOUR LIFE WAS A COMIC...
 1 - 31 JULY - ALL LIBRARIES - OPEN HOURS

Get creative this Comic Book Month—if your life were a comic, what would it be called? Create your own comic title and add it to our interactive Wall of Heroes in the library for your chance to win a prize!

WHERE DO I START MANGA?
 1 - 31 JULY - ALL LIBRARIES - OPEN HOURS

New to manga and not sure where to start? Our Starter Pack Manga Displays make it easy to find your next favourite read with hand-picked favourites across action, fantasy, romance, comedy, and more.

FREE. NO BOOKINGS REQUIRED.




FREE ONLINE ARMCHAIR YOGA PILOT CLASS

STARTING ON WEDNESDAY 1ST APRIL AT 9AM

Email : beryljef@tpg.com.au

with your expression of interest, and I will forward the info needed to join.

The class is for 30 minutes - in your own home - no need to dress up - get wet or use your expensive fuel !!

Join me in the 21st Century by entering the techno world of zoom on line classes.

Want to chat first ?? call me on 4055 7603 or text 0403 644 166

I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.

Maya Angelou

Marlin Coast Neighbourhood Centre

Bring a piece of fruit to share for morning tea

CHILDRENS PLAYTIME

WEDNESDAYS 9-11.30AM

Parents and Carers can participate in children's activities and meet other parents and carers.

EVERYONE IS WELCOME

Marlin Coast Neighbourhood Centre offers a safe and friendly Playtime where children can play and learn together.




FOR MORE INFO: 4055 6440 | admin@mcnc.org.au
 205 Reed Road, Trinity Park

Marlin Coast Neighbourhood Centre

COMMUNITY CUPPA

it's all about connecting
 bring your craft...or just a smile for a morning of connecting over a cuppa and some cake.

FRIDAYS 10am to 12pm




Marlin Coast Neighbourhood Centre
 205 Reed Road, Trinity Park
 p: 4055 6440 w: mcnc.org.au

EVERYONE IS WELCOME!
 a cup of tea is an excuse to share great thoughts with great minds

A WEEK AT A GLANCE

| MONDAY | TUESDAY | WEDNESDAY |
|---|---|---|
| <p>Armchair Yoga Gentle exercise</p> <ul style="list-style-type: none"> • 9.30am - 10.30am • 11am - 12 noon <p>ph: Rike - 0401 164 202 \$10 per person</p> <p>Cairns Early Years Learning Centre "Move Baby Move" 1pm - 2pm (during school terms) ph: 4034 6800</p> <hr/> <p>Trinity of Style Dance Studio Dancing 4.30pm - 5.30pm ph: Mayumi 0432 820 579</p> <p>Alcoholics Anonymous 6pm - 7pm ph: 0487 192 938</p> | <p>Line Dancing 9.15am - 10.30am members \$3 non-members \$5 ph: 4055 6440</p> <p>Tuesday Lunch Guest Speakers, Activities and Lunch from 10.30am members \$10 non-members \$12 ph: 4055 6440</p> <p>Connections Youth Engagement A space to make, hang and be! A drop in space for teens aged 13 - 17 years 2.30pm - 5.30pm ph: 4055 6440</p> | <p>Playgroup Each Wednesday morning 9am - 11.30am for families with children under school age. FREE ph: 4055 6440</p> <p>Mosaics 12.30pm - 3.30pm members \$3 non-members \$5 ph: 4055 6440</p> |

VENUE HIRE

The Marlin Coast Neighbourhood Centre (MCNC) has wonderful air-conditioned facilities for hire – large function rooms, kitchened facilities, covered patio, children's playground. So why not hire the Centre for your next gathering, whether it be a one-off celebration (eg: birthday, christening, family party), or for an ongoing regular activity (club or church meetings, craft, sporting and/or leisure groups).

A WEEK AT A GLANCE

| THURSDAY | FRIDAY | SATURDAY & SUNDAY |
|---|--|--|
| <p>Community Garden Mornings from 8.30am ph: 4055 6440 free Morning Tea</p> <p>Fitness for Seniors 9.45 - 10.45am \$10 pp</p> <p>Book Club First Thursday of the month 11am - 12.30pm members \$3 non-members \$5 ph: 4055 6440</p> <p>Canasta Card playing group activity. 1 - 4pm ph: Barb 0408 609 618</p> <hr/> <p>Toastmasters Club 6pm - 7pm 1st & 3rd Thursday of the month ph: 0487 192 938</p> | <p>Community Cuppa 10am - 12 noon It's all about connecting! Bring your craft...or just a smile for a morning of connecting over a cuppa and some cake. Everyone is welcome. FREE</p> | <p>SATURDAY</p> <hr/> <p>SUNDAY Trinity Baptist Church Religious Service 9.30am - 12.30pm 4.30pm - 7.30pm ph: Steve 0407 127 204</p> |

Marlin Coast Neighbourhood Centre Inc.

Office hours: Monday - Thursday 9am - 4pm

Fridays - 9am - 1pm

The Marlin Coast Neighbourhood Centre is an incorporated community-based organisation.

We operate within the Social Justice Principles of equity, access, equality and participation through professional support, a friendly, safe and inclusive meeting place, respect for the individual, a commitment to the community and integrity throughout the organisation.

The Centre receives core funding through the Queensland Government's *Department of Families, Seniors, Disability Services and Child Safety*.

Supporting the community since 1990