

# NEIGHBOURHOOD NEWS

## JULY 2025



The 2025 theme is

### The Next Generation: Strength, Vision and Legacy

**NAIDOC Week 6—13 July 2025**

**marks a powerful milestone: 50 years of NAIDOC Week, honouring and elevating Indigenous voices, culture and resilience.**

**Our vision** is to be widely recognised as an organisation dedicated to promoting, supporting and enhancing community, family and individual well-being.

**Our mission and objectives** are to provide a welcoming, safe and inclusive environment open to the community irrespective of race, religion, gender, politics or marital status, and to establish a community service for the relief of poverty, distress, sickness and helplessness.

#### **Acknowledgement of Country**

In the spirit of reconciliation, Marlin Coast Neighbourhood Centre acknowledges the Yirrganydji people, the Traditional Custodians of Djabugay country that runs northwards from Trinity Inlet to Port Douglas. We pay our respects to their Elders past, present and future, and honour those whose culture and customs have nurtured and continue to nurture this land.



**The Marlin Coast Neighbourhood Centre**

**205 Reed Road Trinity Park**

**P: 4055 6440**

**PO Box 260 Smithfield Q LD 4878**

**E: [admin@mcnc.org.au](mailto:admin@mcnc.org.au)**

**[www.mcnc.org.au](http://www.mcnc.org.au)**

#### MONDAY

*Armchair Yoga:* Gentle exercise \$10 pp

9.30 - 10.30am and 11—12noon

*Cairns Early Years Centre:* Move Baby Move 1 - 2pm

Free: bookings essential Ph: 4034 6800

*Al-Anon:* 6pm - 7pm. Ph 0487 192 938

#### TUESDAY

*Line Dancing:* Fun for everybody! 9.30am - 10.30am

Members \$3 Non-Members \$5

*Tuesday Club* - Guest speakers, activities and lunch.

Members \$10 Non-Members \$12

#### WEDNESDAY

*Playtime:* For families with children under school age, 9 - 11.30am. Free. Bring a piece of fruit to share.

*Bridge:* for experienced players, 9am - 12 noon.

Members \$3 Non-Members \$5

*Shed Mosaics:* Putting Pieces in Place.

12.30pm - 3.30pm. Members \$3 Non-Members \$5

#### THURSDAY

*Fitness for Seniors* 9.30—10.30am \$10 pp

*Community Garden:* Enjoy working in the edible, organic garden. Volunteers welcome! From 9am.

*Book Club:* 1st Thursday of the month.

From 10.30am. Members \$3 Non-Members \$5

*Canasta:* 1 - 4 pm Members \$3 Non-Members \$5

*Toastmasters Club:* 1st and 3rd Thursday of month.

7pm - 9pm. Ph: 0401 585 767

*Man Kind Project* 2nd & 4th Thursday of month

7.00—10.00pm Ph: 0421 901 202

#### FRIDAY

*Community Cuppa* It's all about connecting.

10am—12 noon All are welcome. Free!

#### SATURDAY

*High Fire Ministry* Church meeting 4.30—6.30pm

Ph: 0428 884 286

#### SUNDAY

*Trinity Baptist Church:* Religious Service

9.30—1pm and 4.30 - 8pm Ph: 0407 127 204



# Membership

***It's that time of year when  
Membership is due...***



**For just \$10 a year, membership of the  
Neighbourhood Centre offers you ....**

- **The opportunity to connect with other people and make new friends;**
- **Laughter and fun times;**
- **The chance to be involved in Centre activities and learn new skills;**
- **Up-to-date information and interesting newsletters;**
- **The right to give input into who is responsible for overseeing the operations of the Association through the election of a Management Committee.**

## **'Don't be afraid':** Su-Hsien Lee's plea for women to reach out for help

Women are seeking free help to learn how to manage their money as their circumstances change or experience financial elder abuse. Northern Suburbs Community Legal Centre chief executive officer Su-Hsien Lee encourages people who are struggling to get the help they need to thrive. "Don't be afraid to seek assistance from lawyers, financial counsellors and other services. There are plenty of free and low-cost services available," she said.

Older women are the fastest-growing group of people facing homelessness, with COTA Australia's Patricia Sparrow saying about 500,000 people were at risk. According to the Mercy Foundation, among the reasons why women aged 55 and over are at higher risk of housing insecurity and financial troubles included a lack of superannuation, taking time out of the workforce to care for family, age discrimination, working casual or part-time jobs, the gender pay gap, and ever-increasing private rental prices. The Centre, based in Perth, has a free financial education program offering general information to help people build up their money management skills, with single women aged 50 and over being among those who reach out.

Ms Lee said a number of the women were managing money for the first time. "For example, traditional household roles have left many women in the dark about managing day-to-day budgets and making informed financial decisions," she said. Women from cultural groups who were traditionally discouraged from being involved in activities outside running the household and raising children were another cohort.

Older people of all gender identities were reaching out if they were experiencing, or at risk of, financial elder abuse, often by people they trusted. "[It is often] harder to spot and... more difficult to accept that a loved one or trusted person in your life could be doing this intentionally," Ms Lee said.

Among Ms Lee's suggestions for women were to know their finances in detail, so they knew how much they had, as well as know what they spent money on. She said to take time to understand what good spending habits looked like and how they could use these good habits to control money.

Lastly, she said to reach out to free and low-cost options for support from organisations, including community legal centres and Financial Counselling Australia.

***Support is available for those who may be distressed.***

***Phone Lifeline 13 11 14; Men's Referral Service 1300 776 491; 1800-RESPECT 1800 737 732;  
National Elder Abuse 1800 ELDERHelp 1800 353 374***

**Beautiful  
Young  
People  
Are Acts  
Of Nature,  
But Beautiful  
Old People  
Are Works  
Of Art.**

The Fresh Quince

## Tuesday Luncheon Group

Line Dancing starts at 9.30am, and finishes at 10.30am.

The Lunch Group commences at 10.00 am for  
a cuppa and chat.

Guest Speakers commence at 11.00am

Lunch is served at **12 noon**

Members **\$10** Non-Members **\$12**

### Tuesday Group Luncheon upcoming events:

JULY 1: Enduring Power of Attorney Talk (Gail Winters)  
JULY 8: Games and Gossip  
JULY 15: Christmas in July  
JULY 22: Cultural Day—Mexico  
JULY 29: Where Am I—Quiz Game

JULY 1	JULY 8	JULY 15	JULY 22	JULY 29
 <b>BBQ</b>  Gail – EPOA talk Enduring Power of Attorney	<b>GAMES &amp; GOSSIP</b>  		  Cultural Day Mexico	<b>Birthdays</b> No birthdays   QUIZ GAME  
AUG 5	AUG 12	AUG 19	AUG 26	AUG 26 continued
 <b>BBQ</b>  Matthew Doyle Senior Home Maintenance Officer  St. Johns  	  with Gail	<b>OVER 50'S CPR TRAINING with Wayne</b> First Aid in Cairns  	<b>Birthdays</b>  Pat—3/8 Janice – 6/8 Elsa – 7/8 Judy H – 14/8 Ishbel 15/8 Vee – 16/8 Dee – 18/8 Laurie – 19/8 Di – 25/8 Liz - 26/8 Robyn – 27/8	<b>Cultural Day Iceland</b>  



MARLIN COAST  
NEIGHBOURHOOD CENTRE

invites you to:

CHRISTMAS IN JULY!



*Jingle &  
Mingle*

TUES **15** JULY

AT 11.30 AM

**\$15 MEMBERS**  
**\$25 NON-MEMBERS**

RSVP: 4055 6440  
205 Reed Road, Trinity Park

## AGEISM

Who says Instagram is a young person's game? *Kaye Cleave* is on a mission to "flip off" ageist stereotypes, and she's taking social media by storm. The 75-year-old influencer from Adelaide - who holds a doctorate in philosophy - has amassed more than 1 million followers on her Instagram account - aptly titled *Ageing Disgracefully*.

"Ageing gracefully, to me, implies ageing in the way society thinks we should age," Dr Cleave said. "It kind of implies - particularly for women - we should look nice, be quiet and just fade into the background. That's not me, I've always been a rebel."

The lifelong storyteller made her first feature length documentary at the age of 70 - *Catherine's Kindergarten*. The deeply personal film was a huge success, being shown around the world and winning numerous awards.

At the age of 73, she wanted to keep telling stories, but the film had left her feeling tired and emotionally drained and she didn't want to take on anything "big." After some thought she decided to start "playing around" with Instagram. She said she wasn't sure where the idea came from - her friends didn't use the platform, and she admitted it was a "steep learning curve". She had no set goals in mind - no aspirations of going viral, and she wasn't trying to sell anything. Her sole ambition was to have fun, but being a storyteller, she needed a message to share.



The lifelong activist decided to focus on the largely "invisible" problem of ageism - an issue she admits she wasn't truly aware of herself until she entered her 70s. "Like most people, when I was younger I never really thought about being old. I didn't have grandparents who were alive. Didn't really know old people...they weren't part of my world. "Even in my 60s I didn't think of myself as old. Now I'm in my 70s I'm aware that I'm seen as an older person."

Not that ageism is her only core message. She also posts content focused on normalising conversations about grief and loss and ageing intentionally. So, what does ageing intentionally mean? To Dr Cleave, it's all about being present - making smart decisions about what we want to do and the way we want to live our lives. It's a message that is just as important for younger people as it is for seniors. "Most of us live in our heads and life passes us by. We're not fully in the moment.

"What I would say to people in their 20s, 30s and 40s is put in place good habits now."

And now for the million dollar (or follower) question - what makes good Instagram content and how does she select her stories?

To Kaye, it's just about sharing her day-to-day activities. She has an acrobatic background, has practiced yoga and has been "seriously" meditating since she was 50. A lot of her content demonstrates exercises, dance moves or wellness tips. But she is just as likely to upload stories about her playing with dogs or explaining why she likes thrift stores.

"I just make posts about my life. That's my measure - is this enjoyable? If it's not, I don't do it."

To find out more about Kaye, follow her on Instagram [@ageingdisgracefully](#)

# TAX HELP IS BACK

Need assistance completing your tax return? The Australian Taxation Office (ATO) can help.

The ATO's community-based Tax Help program is a free and confidential service open to people earning \$70,000 or less each year.

From mid-July to the end of October, ATO-trained volunteers can help you lodge your return, claim a refund of franking credits, submit a non-lodgement advice or lodge an amendment. They can also help you create a myGov account and link to the ATO.

Tax Help volunteers are available in person at Tax Help centres across Australia, online and by phone, so you can get help no matter where you are located.

For more information about the Tax Help program, visit [ato.gov.au/taxhelp](https://ato.gov.au/taxhelp) or call 13 28 61.

**Tax Help starts at Marlin Coast Neighbourhood Centre on:**

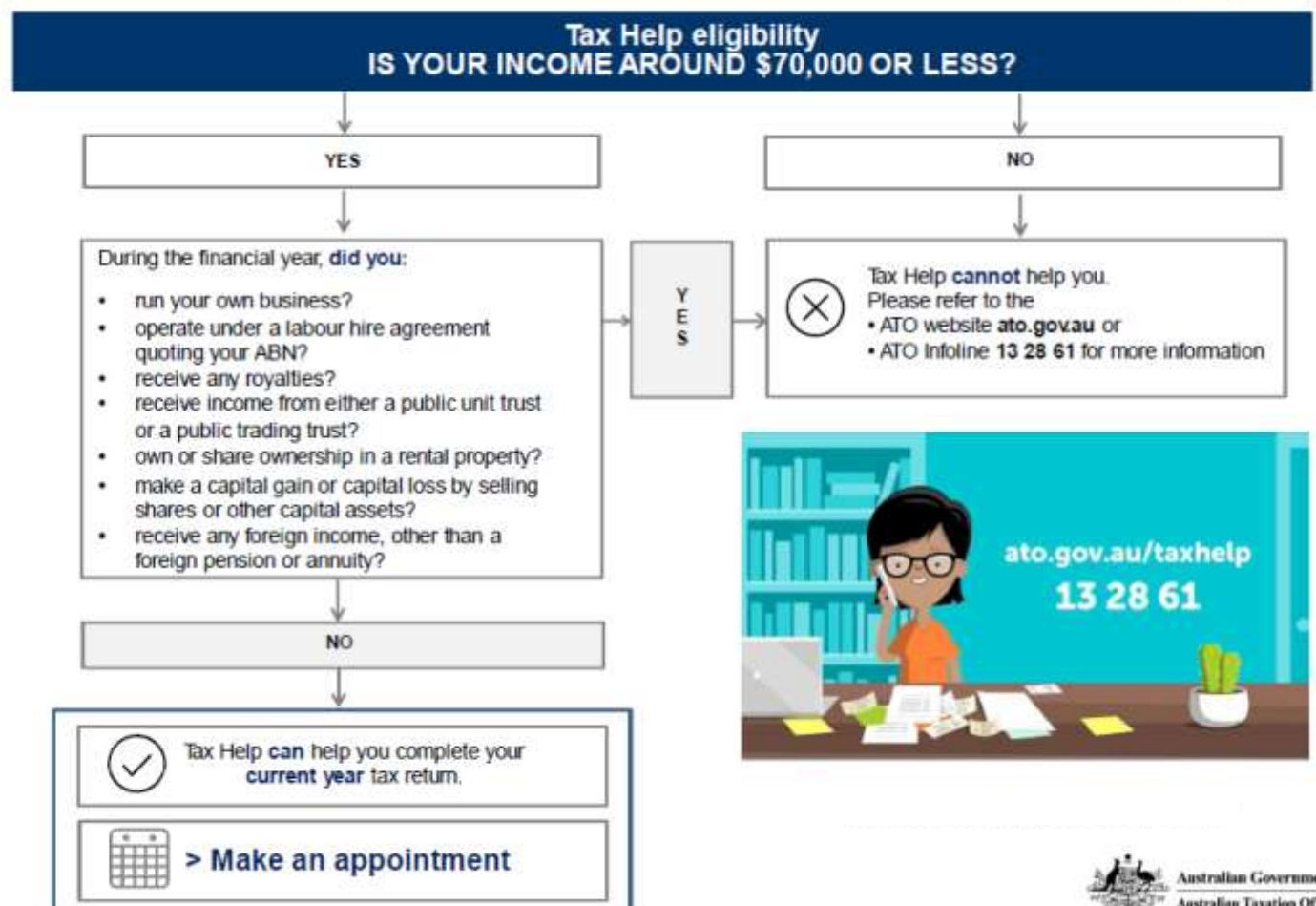
**Tuesday 29 July 2025**

**Book your Appointment: 4055 6440**

**205 Reed Road, Trinity Park**

Use the below flow chart to determine Tax Help eligibility

[ato.gov.au/taxhelp](https://ato.gov.au/taxhelp)







**BREE JAMES** <sup>MP</sup>  
MEMBER FOR BARRON RIVER



### Budget Delivers Big Wins for Barron River

As your new Member for Barron River, I'm proud to share some exciting outcomes from my first Queensland State Budget—delivering real investment for our region.

At the top of the list is a \$245 million commitment to build a new Barron River Bridge as well as major upgrades to the Western Arterial Road and Bruce Highway and vital safety and resilience works on the Kuranda Range Road.

Locally, funding has been secured to upgrade key community facilities in Yorkeys Knob, Holloways Beach, Stratford Bowls Club, Koah, and Kuranda. These much-needed improvements will help strengthen our community hubs and support local events and services.

To ease cost-of-living pressures, we're rolling out:

- \$100 Back to School Boost for every child
- \$200 Play On! sport vouchers from August
- An increased First Homeowner Grant of up to \$30,000
- Abolishing stamp duty on new homes for first buyers
- A new dedicated \$2 billion Residential Activation Fund to help people get into home ownership with less deposit.
- Other projects include funding for the Smithfield Mountain Bike Park, Wangetti Trail, Common User Facility, and the state's biggest investment in Health, and lots, lots more.

The environment has also had a big win, with the biggest investment in National Resource Management to invest in on-ground activity that will deliver significant outcomes for threatened species, waterways and coasts, sustainable agriculture, disaster recovery and resilience, biosecurity and engaging First Nations people. We also committed to 150 more land and sea rangers, and a new \$24 Million Great Barrier Reef Urban Technology Innovation Fund to tackle wastewater, storm water, and industrial runoff to the Great Barrier Reef. Oh, and we are also investing \$600,000 to build a new Turtle Rehabilitation Centre on Green Island.

I'm also continuing to fight for a Legacy House in Far North Queensland—a vital space to support more than 11,000 veterans and their families. Please visit my website to sign the petition and show your support.

Finally, I want to thank Philippa Adams and the wonderful team at the Marlin Coast Neighbourhood Centre for having me at last month's luncheon. It was a pleasure to meet so many locals, and I'm already looking forward to the next one.

Head to my website – [bree4barronriver.com.au](http://bree4barronriver.com.au) to see the full list of funding commitments in FNQ and across Queensland.

Until next month,

Member for Barron River

**Tenancy 2.2, 2 Chelsea Lane,  
Redlynch QLD 4870**

**P: 07 4229 0100**

**E: [barron.river@parliament.qld.gov.au](mailto:barron.river@parliament.qld.gov.au)**





## Council on the Ageing **Queensland**



### **Do you need support to understand Aged Care?**

**Council on the Ageing will be visiting:**

**Marlin Coast Neighbourhood Centre**

**Tuesday 8 July**

**Drop in anytime between 9.00 am to 12.00 pm**  
**No booking required**

**For more info: 1800 716 696**

**This program is no cost to seniors and is independent of any service provider**

Available for older people in the Cairns Local Government Area. This care finder service is supported by funding from the Northern Queensland Primary Health Network (NQPHN) through the Australian Government's PHN Program



## Greetings from Cairns Libraries

National NAIDOC week is 6<sup>th</sup> – 13<sup>th</sup> July when we recognise and celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This year marks 50 years of the NAIDOC movement with a theme of “The Next Generation: Strength, Vision and Legacy.” Cairns Libraries is celebrating NAIDOC with art workshops, a pop-up library, and by highlighting the rich diversity of First Nations authorship. Check out our website for more details.

Looking for opportunities to get outside and enjoy our tropical winter? How about trying a free live music walking trail through the beautiful suburb of Stratford. *Live & Local Stratford Sounds* is a one-day community music festival featuring local musicians playing in unexpected places. Good tunes and good vibes will feature at cafes, barbershops, the bowls club, and of course our own Stratford Library. With its shady timber deck and peaceful surrounds, Stratford Library is the perfect place to start your Live & Local experience. Check out Council’s website for all the details about Live & Local Stratford Sounds, happening on Saturday 5<sup>th</sup> July.

We are happy to announce that Writing Wednesdays is returning to City Library on the 3<sup>rd</sup> Wednesday of each month, July – October. Writing Wednesday is a free, volunteer-led program providing a dedicated space for writers of all levels to write and connect with each other. Join us on 16<sup>th</sup> July from 10am to noon.

Believe it or not, school holidays are here again. We have lots of activities to keep the kids busy during school holidays, from scavenger hunts, learn to draw comics, art and craft, comic book readings, fairy storytelling, and sticker lab. We are even holding a Mat Hatter’s Tea Party at City Library on Friday 11<sup>th</sup> July... join us on the front lawn for croquet, arts and craft, storytelling, songs and fun. Check out our website or our Facebook page for all the details!

No matter your age, there is something for everyone at Cairns Libraries. Whether you are looking to connect with others or just seeking a space to quietly do your own thing, you can do it at one of our eight branches across the Cairns region. Pop into your local branch and speak to our friendly staff, follow us on Facebook, check out our website, and sign up for our monthly eNewsletter to keep up to date with everything happening at your local library.



**We look forward to seeing you soon!**

**Older Persons  
COVID-19 Support Line  
1800 171 866**

**8:30am-6pm (AEST) Monday - Friday**







**THE UNIVERSITY  
OF QUEENSLAND**  
AUSTRALIA

# **DO YOU HAVE LOW BACK PAIN?**

**RESEARCH PARTICIPANTS NEEDED**



**SCAN ME NOW**

or email:  
[nih-f@uq.edu.au](mailto:nih-f@uq.edu.au)

## Nominations open for second term of Cairns Youth Council



- Nominations now open for ages 13–17
- Youth Council part of national Young Mayors program
- Members work with Council to drive real change

### Empowering local youth to shape the region's future

Following the success of its first term, the Cairns Youth Council is returning, with nominations opening Monday 9 June for young people aged 13–17 who live in the Cairns Local Government Area.

The Youth Council is part of the national *Young Mayors* program, delivered in Cairns through a partnership between the Cairns Regional Council and the Foundation for Young Australians (FYA).

The initiative empowers young people to take part in local decision-making and shape policies that affect their lives.

### Youth voice at the heart of decision-making

Formed through a democratic election process led by young people, the Youth Council provides a platform to identify priorities, develop projects, and advise Cairns Regional Council.

Mayor Amy Eden said the continuation of the program highlights the Council's commitment to youth involvement.

"We're proud to be entering the second term of the Youth Council," Cr Eden said.

"The ideas, enthusiasm, and leadership shown by the inaugural group demonstrated that young people love Cairns and understand the challenges we face.

We want to help give them a voice, express their concerns and hopes, and put forward ideas to guide the city's future."

### National recognition and local impact

FYA's Young Mayors Program Director, Erin Neavley, praised Cairns as only the second Council in Australia to reach a second term in the program.

"The Young Mayors program opens the door for young people to have their own representation at the local government level," she said.

"The first term saw the Cairns Youth Council make key progress on improving safety and well-being for young people using public transport. I can't wait to see what is achieved next."

### A platform for growth and change

Antoniye Dimitrijevic, Mayor of the inaugural Cairns Youth Council, encouraged young people to get involved.

"This program has opened the door to countless opportunities," he said.



"It helped us gain essential life skills, build meaningful connections, and grow as individuals. If you're ready to challenge yourself and make a real difference, nominate and take that first step."

**Nominations open now.**

**Learn more or apply at:**

<https://www.fya.org.au/young-mayors-cairns>





# CHC33021

## CERTIFICATE III IN INDIVIDUAL SUPPORT

### (Ageing & Disability)

### Industry Recognised Training



**Winner of the TNQ Community  
Training Initiative Award 2022**

This program is fully - supported  
and funded!

And includes:

- Goal setting
- Resume writing
- Job application skills
- AFP police check
- First Aid & CPR
- VET qualification
- Blue Card & NDIS Screening (Yellow Card)



16 weeks of  
training



Face-to-face training  
each Wednesday &  
Thursday



120 hours of  
placement



Fully subsidised under  
the QLD Government  
Skiing Queenslanders's  
for Work initiative

**CONTACT ALLISON: 407  
0407 141 069**

**OR**

**EMAIL: [EDU.SUPPORT@MCNC.ORG.AU](mailto:EDU.SUPPORT@MCNC.ORG.AU)**

- **Eligibility criteria will be discussed at first point of contact.**

**Starts Wednesday  
23rd July 2025**

This training opportunity is subsidised by the Queensland Government with training, assessing and certificates awarded and delivered by MiHaven Training: RTO Code 40928 & organised, recruited and supported by the Marlin Coast Neighbourhood Centre situated in the northern beaches of Cairns.

# APPLY NOW!

# Garden News...

Hi Everyone, June in our garden has been a very busy time. We are just about finished clearing and mulching the perimeter of the garden and our vegie beds are full and flourishing. We are starting to harvest cucumbers, beans and a few strawberries. The tomatoes are growing well though we have lost a few to wilt which seems to happen here in the tropics. Our vanilla vine is trying to escape up the large mango tree so we are keeping an eye on it and hoping to perhaps have some flowers this year which we will need to hand-pollinate.

Frankie, our frog is resting in the shed and our bees are busy as usual. We are remounting our orchids to refresh them and mounting some on the citrus tree trunks where they appear to be quite happy.

Do you know Rosemary makes an excellent morning tea. It enhances memory, relieves anxiety and aids stomach stress. Rub some sprigs through your fingers and inhale the fragrance.

**Happy gardening everyone!**



marlin coast neighbourhood centre  
supporting community

## FOOD DONATIONS

supporting people experiencing financial hardship

WE ACCEPT:

- canned food & pantry items
- personal care products
- baby care products
- pet food

ALL PRODUCTS MUST BE UNOPENED & IN DATE



Contact Us

4055 6440

support@mcnc.org.au

Donations can also be made at our Centre: 205 Reed Rd, Trinity Park

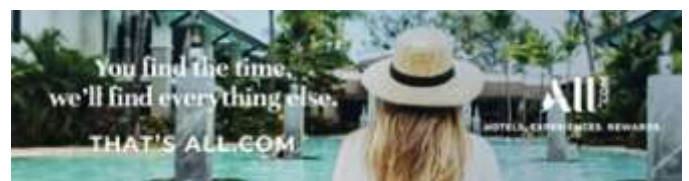
## The Sebel - Palm Cove



The Marlin Coast Neighbourhood Centre has partnered with The Sebel Palm Cove Coral Coast Drive. Jo Templeton, the Resort Manager, has introduced a food donation bin in the reception foyer, allowing departing guests to leave unopened non-perishable items after their stay. The Resort has been kind enough to donate all goods to the Centre's Emergency Relief program. During June, the Centre has appreciated receiving five (5) boxes of pantry items. Additionally, The Sebel will be displaying our logo in the reception area to inform guests of the local organisation they are supporting. The Centre is

grateful for these generous donations which will be supporting local people and families who are experiencing hardship.

**Please support The Sebel Palm Cove who is so generously supporting our local community here on the Northern Beaches of Cairns through the Marlin Coast Neighbourhood Centre.**





# THE WEEK AT A GLANCE

MONDAY	TUESDAY	WEDNESDAY
<p><b>Armchair Yoga</b> Gentle exercise</p> <ul style="list-style-type: none"> <li>9.30am—10.30am</li> <li>11am—12 noon</li> </ul> <p>Ph: Rike 0401 164 202 \$10 per person</p> <p><b>Cairns Early Years Learning Centre</b> “Move Baby Move” 1pm — 2pm (during school terms) Ph: 4034 6800</p>	<p><b>Line Dancing</b> 9.30am — 10.30am Member \$3 Non-Member \$5 Ph: 4055 6440</p> <p><b>Tuesday Lunch</b> Guest Speakers, Activities and Lunch from 10.30am. Member \$10 Non-Member \$12 Ph: 4055 6440</p>	<p><b>Bridge</b> Social Bridge for the experienced player. 9.30am—12 noon Member \$3 Non-Member \$5 Ph: 4055 6440</p> <p><b>Playtime</b> Each Wednesday morning 9am — 11.30am for families with children under school age. Free. Phone 4055 6440</p> <p><b>Shed Mosaics</b> 12.30pm — 3.30pm Member \$3 Non-Member \$5 Ph: 4055 6440</p>
<p><b>Alcoholics Anonymous</b> 5.50pm — 7.10pm Ph: 0487 192 938</p>		

**VENUE HIRE** The Marlin Coast Neighbourhood Centre (MCNC) has wonderful air-conditioned facilities for hire – large function rooms, kitchen facilities, covered patio, children’s playground - so why not hire the Marlin Coast Neighbourhood Centre for your next gathering, whether it be a one-off celebration eg Birthday, Christening, Family Party, or for an ongoing regular activity—club or church meetings, craft, sporting and/or leisure groups.

# THE WEEK AT A GLANCE

THURSDAY	FRI DAY	SATURDAY/SUNDAY
<p><b>Community Garden</b> Morning from 9am Ph: 4055 6440 Free Morning Tea</p> <p><b>Fitness for Seniors</b> 9.30—10.30am      \$10 pp</p> <p><b>Book Club</b> First Thursday of the month 10.30am to 12 noon Member \$3 Non-Member \$5 Phone 4055 6440</p> <p><b>Canasta</b> Card playing group activity. 1pm—4pm Ph: Barb 0408 609 618</p> <hr/> <p><b>Toastmasters Club</b> 1st and 3rd Thursday of each month      7 —9 pm Ph: 0401 585 767</p> <p><b>Man Kind Project Australia</b> Support group for all kinds of men.      7 – 10 pm 2nd &amp; 4th Thursday of month. Ph: 0421 901 202</p>	<p><b>Community Cuppa</b> 10am—12 noon It's all about connecting! Bring your craft...or just a smile for a morning of connecting over a cuppa and some cake. Everyone is welcome. Free!</p>	<p><b>SATURDAY</b>  <b>High Fire Ministries</b> Church service 4.30pm —6.30pm Ph: 0428 884 286</p>
		<p><b>SUNDAY</b>  <b>Trinity Baptist Church</b> 9.30am—1.00pm 4.30pm—8.00pm Ph: Steve 0407 127 204</p>

Marlin Coast Neighbourhood Centre Inc.

Office Hours: Monday - Thursday 9am - 4pm      Fridays 9am - 1pm

The Marlin Coast Neighbourhood Centre is an incorporated community-based organisation. Our vision is to be widely recognised as an organisation dedicated to promoting, supporting and enhancing community, family and individual well-being. We operate within the Social Justice Principles of equity, access, equality and participation through professional support, a friendly, safe and inclusive meeting place, respect for the individual, a commitment to the community and integrity throughout the organisation.

The Centre receives core funding through the Queensland Government's *Department of Treaty, Aboriginal and Torres Strait Islander Partnerships, Communities and the Arts*.