

Neighbourhood News

June 2018



Membership

\$10

It's that time of year when membership is due...



For just \$10 a year, membership of the Neighbourhood Centre offers you

- ◆ The opportunity to connect with other people and make new friends;
- ◆ Laughter and fun times;
- ◆ The chance to be involved in Centre activities and learn new skills;
- ◆ Up-to-date information and interesting newsletters;
- ◆ The right to give input into who is responsible for overseeing the operations of the Association through the election of a Management Committee.

The Annual General Meeting will be held in late September.



Markets
In Our
Area

HOLLOWAYS BEACH

2nd Sunday of month 8am—12 noon

PALM COVE NIGHT MARKET

Every Friday from 5—9 pm

RUSTY'S MARKET

Every Friday, Saturday and Sunday

TANKS

April—November: last Sunday of month

9am to 2pm

CAIRNS ESPLANADE MARKETS

every Saturday, 8am-4pm by the Lagoon

CAIRNS NIGHT MARKETS

every day, 4:30pm-11pm.

**Welcome to the Marlin Coast
Neighbourhood Centre**

205 Reed Road Trinity Park

P: 4055 6440

PO Box 260 Smithfield Q 4878

E: admin@mcnc.org.au

www.mcnc.org.au

COMMUNITY NOTICEBOARD

Information re Bus Trip to :

The Wildlife Habitat, Port Douglas, 19/6/18

Our numbers are down for this trip—if you're thinking of coming please contact us Ph. 4055 6440 before 11 June. We may have to cancel if we do not get the numbers to cover costs.

\$65 p.p. includes bus to door, entry to Habitat and A-la-Carte lunch with the Lorikeets.

Scheduled day and time for trip: Tuesday 19 June 2018 9am—3pm



Announcing a new MCNC activity.....

COMPUTER CLUB

Every 1st & 3rd Wednesday @ 10.30 a.m.

Cost \$2

- *not* computer lessons—just people sharing knowledge and interest with those looking to get started with their computers.



Management Committee

We are calling for people who may be interested in becoming a **part of the Centre's Management Committee.**

The Committee meets every 4th Thursday of the month from 10.15—12.00pm to discuss issues which arise.

For more information please call our Centre Manager Prue on 4055 6440.

You may have noticed this cute little critter running around outside,
He is a native 'Melomy'.





Senior's Program Information

Tuesday Older Person's Group Luncheon

Guest Speakers for June:

12 June Denise Brown from Regis Homecare  will talk on: **"Accessing Support Services for Seniors"**













26 June **Craft Day**  learn how to make paper serviettes

Group commences 10.30 a.m. for Line Dancing or just a cuppa and chat.

Guest Speakers commence 11.40 a.m. Admission is \$2 to cover tea/coffee/biscuits.

You are welcome to join us for luncheon (approx. 12.30 p.m.) for an extra \$4.

Tuesday Club June/July 2018 Calendar:

5/06	12/06	19/06	26/06	
Special Surprise Luncheon  Games 	 "Accessing Support Services for Seniors" - Denise Brown, Regis Homecare	Bus Trip – Wildlife Habitat, Port Douglas 	Birthday Celebrations  Craft Day— Serviette making 	
3/07	10/07	17/07	24/07	31/07
BBQ  Games 	 BINGO ! Eyes down at 11.45 a.m.	U3A – University of the Third Age - Information on a wide range of programs and services offered by U3A Cairns 	 Share your stories—bring photos, momentos re experiences, travel, etc.	 Upcycling your garbage to create handbags, bowls etc. Birthday celebrations 



Thank you to all who assisted with our Biggest Morning Tea, especially those who donated prizes:

Smithfield Shopping Centre, Smithfield Tavern, Beryl & Colleen from MCNC, Mosiac Group, Joan Scott, Janice McIntyre, Dan Murphy's Smithfield, Hairhouse Warehouse.

Also many thanks to our Line Dancers and Janice for entertainment, those who participated in the moving memorial ceremony, the helpers on the day, and all those who supported and brought delicious food. We raised nearly \$400 for Cancer Research!



YORKEYSKNOBFESTIVAL

SATURDAY 16TH JUNE

- Giant Slide
- Arts & Crafts
- Second-hand clothes
- Live Music
- Jumping Castle



- ***Come and say hi to the MCNC team!***
- A variety of food & drink available
- Plants & Books

10.00 am—5.00 pm at Yorkeys Knob Community Centre, Wattle Street



Volunteers...

VOLUNTEER OF THE YEAR AWARDS

Congratulations to Beryl Watson and Gary Mckimmie for being nominated through FNQ Volunteers for Volunteer of the Year Awards. We congratulate them both for all their efforts.

We would also like to thank all our very hard working and dedicated volunteers who give up their time so selflessly for the good of our community.

THANK YOU!

A call-out to all of our fantastic volunteers! You are all so valuable and important to us, in keeping the Centre ticking along smoothly!

V E X P O

A Volunteer Expo Connecting our Community

Sunday 29th July 2018

9am-3pm @TANKS

The VEXPO is a community event that will showcase the range of opportunities available for Cairns people of all abilities and ages to join groups and build social connections around common interests. The groups represented at the EXPO will have a valuable platform to promote themselves and showcase what they do and how they do it to new members across the community.

Throughout the event there will be a diverse mix of activities for the general public to join in as well as exhibitive displays to spark the interest of our local community.

MCNC will have a stall and we would love to see you there!!

The Week at a Glance

Monday

Emergency Relief

Financial Relief for individuals and families experiencing financial crisis.

Appointments are limited.

Bookings are essential; phone to make an appointment.

Ph: 4055 6440

Armchair Yoga

Gentle exercise

10am to 11am

Ph: Beryl 4055 7603



Financial Counselling With Michelle from United Care Community

Phone : 40556440 for appt..

From 9.30 to 4.00

Free Service

Early Years Learning Centre

12.30—1.30 pm

Move Baby Move

Ph: 4034 6800

Early Years Learning Centre

2.00 — 3.00 pm

Infant Massage (5 week block)

Ph: 4034 6800

Tuesday

Ukulele class

8.30am to 10.30am

\$2 per person

Ph: 4055 6440



Line Dancing

10.30am to 11.30am

Gold coin donation

Ph: 4055 6440 \$2 per person

Seniors' Day

Guest Speakers, Morning Tea,

Lunch and Activities

10.30am to 2pm

Ph: 4055 6440

Weight Watchers

4.30 to 7pm

www.weightwatchers.com.au



Wednesday

Bridge

Social bridge for the Experienced Player

9.30am to 12 noon

Computer Club

People sharing their computer knowledge and interests

10.30 am

Playtime

Each Wednesday morning

9am to 11.30am. Families with

children under school age.

\$2 per family

Shed Mosaics

12.30pm to 3.30pm

Cold coin donation

Ph: 4055 6440

Kewarra Kundalini

Yoga 6.00 — 7.00 pm

Ph: Danielle 0456 487 908

Marlin Coast Neighbourhood Centre Inc

OFFICE HOURS - Monday—Thursday 9am to 4pm Friday 9am to 1pm

The Marlin Coast Neighbourhood Centre is an incorporated community-based organisation. Our vision is to be widely recognised as an organisation dedicated to promoting, supporting and enhancing community, family and individual well-being. We operate within the Social Justice Principles of equity, access, equality and participation through professional support, a friendly safe and inclusive meeting place, respect for the individual, a commitment to the community and integrity throughout the organisation.

The Centre receives core funded through the Queensland Government's Department of Communities, Child Safety and Disability Services.

The Week at a Glance

Thursday	Friday	Saturday/Sunday
<p>Community Garden Morning from 9am Phone the Centre - 4055 6440</p> <p>Book Club First Thursday of each month 10.30am to 12 noon Ph: 4055 6440</p> <p>Computer Class "A Taste of Online" 4-week block for Beginners 10—12 noon</p> <p>Tai Chi Each Thursday evening 6pm to 7pm Call Yoshie on 0407 341 916</p> <p>Narcotics Anonymous Each Thursday evening 7.30pm to 8.30pm Phone: 0478 078 456</p>	<p>Tai Chi Each Friday morning 9.30am to 10.30am \$12.50 per class Call Julie on 0427 054 132 for further information</p> <p>Financial Literacy With Andrea from United Care Community 9.30 to 12.30</p> <p>FREE service</p> <p>Ring 40556440 for appointment</p> <p>Al-Anon Support for families And friends 6.00-7.30 Phone Emma 0422 235 280</p>	<p>Northern Beaches Seventh-Day Adventist Church Group Every Saturday 9am to 2.30pm Ph 0421 856 790</p> <p>Cairns Free Reformed Church Sunday Services 9.30am to 2.30pm Julie and Mathew: 4034 3475 Email: mcbyl@westnet.com.au</p>



Free computer for use during business hours Monday to Thursday 9am to 4pm and Friday 9am to 1pm

VENUE HIRE VENUE HIRE VENUE HIRE

We have wonderful air-conditioned facilities for hire -

large function rooms, kitchen facilities, computer room, covered patio, children's playground - so why not hire the **Marlin Coast Neighbourhood Centre** for your next gathering, whether it be a one-off celebration eg Birthday, Christening, Anniversary Party or for an ongoing regular activity – club or church meetings, craft, sporting and leisure activities.

The Marlin Coast Skills Development Program

Proudly offers:

CHC33015

Certificate III in in Individual Support

“Building Your Future”

Providing a career pathway into Aged Care, Community Care, and Disability Support

Commences:

Wednesday

1 August 2018

**Please phone Allison on
4055 6440 for further
Information**



This FREE project is proudly funded and supported by the Queensland Government through its ‘Skilling Queenslanders for Work’ initiative.

Where: Marlin Coast
Neighbourhood Centre
205 Reed Road, Trinity Park

Phone: 4055 6440

- * Training is fully-funded and includes uniforms, goal setting, resume and job application skills, security checks, First Aid and CPR Training and placement experience.
- * If you are over 15 years of age, are unemployed, not currently studying and are eligible to work in Australia, you are eligible to enrol.
- * This project runs over 16 weeks and is industry recognised.

**Delivery of training by an Industry-leading, Government-recognised, Healthcare Training Organisation:
RTO ID 31994**

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OUR MISSION STATEMENT

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